

UNIVERSAL FALL PRECAUTIONS

All patients are at risk for falls
Everyone has a role in falls prevention

Safe environment

- ▶ At least one bed rail down unless assessed otherwise
- ▶ Pathways clear of clutter and tripping hazards
- ▶ Bed brakes and chair brakes are on
- ▶ Appropriate lighting

Assist with mobility

- ▶ Safe and **regular** toileting
- ▶ Transfer/Mobility assist **documented**
- ▶ Mobility and glasses/hearing aids within patient reach

Fall risk reduction

- ▶ Call bell in patient's reach
- ▶ Bed lowered to patient's **knee height**
- ▶ Personal items reachable
- ▶ Proper footwear available and in use

Engage patient and family

- ▶ Discuss risk factors with patient and family
- ▶ Mutual plan developed

Keeping **SAFE** from falls

Seniors Fall & Injury Prevention Initiative